

7th Research Conference

Wed 22 May 2024, 09:30-16:00

Doors open 09:00 if registered to attend in person at Mercure Hotel, Willerby. If you have registered to join the conference online, you will be sent a link to join the live event a few days before.

Contact us: <u>HNF-TR.ResearchTeam@nhs.net</u>

Programme

Morning session

| 09:00 | Registration (for those attending in person) and opportunity to look at research stands | |
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| 09:30 | <i>Welcome</i> Michele Moran, Chief Executive, Humber Teaching NHS Foundation Trust | |
| | Chair (morning): Rt Hon Caroline Flint, Trust Chair, Humber Teaching NHS Foundation Trust | |
| 09:35 | Tribute to Dr Wendy Mitchell, Trust Research Champion (and so much more) – Cathryn Hart, Assistant Director Research & Development, Humber Teaching NHS Foundation Trust | |
| 09:45 | Addictions research - Dr Soraya Mayet, Director of Medical Education - Humber Teaching NHS Foundation Trust & Honorary Reader - Hull York Medical School | |
| 10:10 | Nature based Interventions for children's mental health and wellbeing - Dr Hannah Armitt, Senior Clinical Research Psychologist, Humber Teaching NHS Foundation Trust | |
| 10:35 | Research didn't just give us hope, it gave us our son back and gave Evan his life back! - Lisa Davies, Head of Legal Services and Information Governance, Humber Teaching NHS Foundation Trust, and Evan Davies, Clinical Trial Participant | |
| 10:50 | Break (and opportunity to look at research stands) | |
| 11:15 | <i>Helping people with mental health issues to be more physically active -</i> Dr Rowan Diamond, Research Clinical Psychologist, Oxford Cognitive Approaches to Psychosis team | |
| 11:40 | Progress is impossible without change: introducing research into our general practices - Marian Opoku-Fofie, Deputy Chief Pharmacist, Esther Sanni, Principal Clinical Pharmacist and Maggie Bean, Locality Matron, Humber Teaching NHS Foundation Trust | |
| 12:05 | The what, why and how of clinical academic AHP research - Louise Shelley, Specialist Speech and Language Therapist and Professional Lead Adult Speech and Language Therapy, Humber Teaching NHS Foundation Trust | |
| 12.30 | Lunch (and opportunity to look at research stands) | |



Afternoon session

| Chair (afternoon): Dr Kwame Opoku-Fofie, Medical Director & Executive Lead for Research, Humber Teaching NHS Foundation Trust | |
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| 13:30 | CognoSpeak: AI tool could speed up dementia diagnosis - Dr Dan Blackburn, (Hon) Consultant Neurologist, University of Sheffield Dept of Neuroscience & Sheffield Teaching Hospitals NHSFT, and Caitlin Illingworth, Research Assistant, University of Sheffield |
| 13:55 | Loneliness and Domestic Abuse are "wicked" problems. You cannot just |
| | <i>throw money at these problems and wish them to go away</i> - Dr Austen El- Osta, Director, Self-Care Academic Research Unit (SCARU), & Aos Alaa, Department of Primary Care & Public Health, Imperial College London |
| 14:20 | Celebrating research across the year (video) - Cathryn Hart, Assistant Director Research & Development, Humber Teaching NHS Foundation Trust |
| 14:35 | Break (and opportunity to look at research stands) |
| 15:00 | Showcasing a local pilot project offering hybrid clinical/research placements to student nurses to increase research knowledge and skills in the future workforce - Dr Haley Jackson, Clinical effectiveness & Research Nurse, Humber Teaching NHS Foundation Trust, with Melanie Barnard, Lead Educator (Clinical) Workforce, Humber Teaching NHS Foundation Trust & Charlotte Harrison, 3 rd Year Student Nurse, University of Hull |
| 15:25 | Stories of living and working with risk from a child and adolescent mental health service – Dr Elizabeth Darwell, Systemic and Family Psychotherapist, Humber Teaching NHS Foundation Trust & Psychological Professions Workforce Lead, Humber and North Yorkshire Health and Care Partnership |
| 15:50 | Conference Round Up - Rt Hon Caroline Flint, Trust Chair, Humber Teaching NHS Foundation Trust |
| 16:00 | Close |